



SIDELINE BEHAVIOUR TOOLKIT

Eliminate Distracting and Hostile Behaviours from Youth Football

Supportive Behaviours

Offering proper encouragement and praise at the right moments such as "Great job!" or "Keep working hard!"

Consider: Have a chat with your child to see if they like hearing your supportive comments from the sidelines, or if they would prefer you adopt "attentive silence" – watching the game closely, but quietly.

Distracting Behaviours

When Parents coach from the sidelines by telling a player what to do whilst they are playing such as "Shoot!" or "Pass!"

Consider: Although it may feel and appear helpful in the moment, distracting behaviour reduces players' decision-making, which hinders learning and growth.

Hostile Behaviours

Shouting at your child, other players, referees, other parents, or coaches.

Consider: There is absolutely no place for this behaviour on our sidelines. It should be reported and addressed to ensure children continue to enjoy and feel inspired by football.

REMINDER:

Parents coaching from the sidelines distracts players from learning